This document covers how we can all do our part to keep each other as safe as possible during this pandemic. Below are some guidelines to follow before and whilst travelling, and during your stay for the Destiny Encounter (DE) initiative.

The practical guidelines below are <u>not</u> to replace government guidelines which we strongly urge you to read at: https://www.nhs.uk/conditions/coronavirus-covid-19/ and https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance.

If prior to travel you have any covid symptoms: high temperature, continuous cough or change or loss of taste or smell you must take a lateral flow test (LFT). If positive you will not be able to travel. If negative, it is recommended but not mandatory you do a PCR and have a negative result before travelling. The UK currently have no covid restrictions for people to travel to the UK. However, we want to protect delegates so that their time at the DE is not hampered by illness.

## **UK and Oversees Delegates:**

Please be aware that these guidelines relate to England only and that other parts of the UK and other countries have very different guidelines. In exceptional situations, we may requires you to do an LFT within 24 hours before travelling to the DE.

Since we are still needing to function as the world recovers from a global pandemic, we require that you adhere to the following:

If you have any covid symptoms (continuous cough (3 or more episodes in 24 hours), high temperature or loss of or change in sense of taste or smell) please take an LFT and inform us before you travel to the UK.

If you have been in contact with someone with covid but have no symptoms and have a negative LFT you may come to DE.

If you develop covid symptoms during your stay, please make the base first aider aware (Sofie). If you are coming with any covid type symptoms but your test results are negative, please also inform Hannah via email on <a href="mailto:hannah.james@wfthrock.org">hannah.james@wfthrock.org</a>

We advise that you do not socialise outside of the DE community during this time. This is to protect everyone taking part, and more importantly to help you make the best use of this time in developing your destiny.

## <u>Fully Vaccinated? (with approved vaccine):</u>

As a community we request that fully vaccinated people (and those under 18yrs old) coming to England to send out proof of their vaccination status at the latest a week before arrival. You must provide evidence via email that you are fully vaccinated (unless under 18yrs old).



## **Unvaccinated?**

Private PCR tests can be done 2 days BEFORE departure. If positive you may need to self-isolate for up to a day. You will not need evidence of a negative test.

Please note that if you have had covid in the past, we consider you to be fully vaccinated.

## **All Delegates:**

Please let us know your situation asap, including whether or not you have been vaccinated.

LFT kits will be available on our base for one test only per delegates. But it can be ordered (by you personally) with a charge from the UK gov website.

Please note that these guidelines are subject to change based on government updates on covid guidelines